

Melbourne Buddhist Centre Ethical Guidelines

Brief Version



Loving Kindness

***I undertake to abstain from harming living beings.
With deeds of loving kindness I purify my body.***

The Melbourne Buddhist Centre aims to support the awakening of the individual in a manner appropriate for each person and to minimise the harm we do. We aspire, in our dealings with one another to:

- Behave in the spirit of kindness.
 - Ensure the individuals in a position of trust do not misuse their position.
 - Affirm that physical violence, bullying and strong displays of anger have no place among us.
- We serve vegetarian or vegan food at MBC events.

Generosity

***I undertake to abstain from taking the not given.
With open-handed generosity, I purify my body.***

We aspire to offer Buddhist teachings in the spirit of generosity, making them accessible to all, regardless of financial circumstances. We achieve this by depending on the generosity of the Sangha in the form of donations and volunteered time.

We are part of the broader community and we are dependent on the natural world. For this reason we will engage in altruistic activity locally and nationally and find ways of not taking the not-given in relation to the environment.



Stillness, Simplicity, Contentment

***I undertake to abstain from sexual misconduct.
With stillness, simplicity and contentment I purify my body.***

Triratna is a community of people practicing Buddha's teachings together and it is recognized that sexual relationships may develop between us. We encourage people to conduct their sexual relationships ethically, with awareness and kindness.

People in teaching and leadership roles have particular responsibility for spiritual friendship. With this in mind we believe it best:

- A teacher does not become involved in a sexual relationship with anyone for whom they are that person's main point of contact with the Dharma.
- If a sexual relationship does develop between a teacher and someone they have taught then it is not to be pursued until the less experienced person has established effective friendships with other Order members, and the person teaching has consulted with their chapter, preceptor and kalyana mitras.

Truthful Communication

***I undertake to abstain from false speech.
With truthful communication, I purify my speech***

The Buddha considered communication a particular area of practice and care. We are committed to:

- Truthful harmonious speech which supports spiritual growth and promotes trust, friendship and community.
- Sharing information carefully, motivated by desire for the wellbeing and spiritual progress of those we discuss.



Mindfulness

***I undertake to abstain from intoxication..
With mindfulness clear and radiant I purify my mind.***

The Melbourne Buddhist centre aims to foster deepening awareness in all ways. We also wish to support those attempting to live without intoxicants. We will not serve alcohol, drugs or other intoxicants at MBC events or at the Centre.



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